

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moers Greet

Coaches: Moers Liesbet

Coaches: Van Dyck Hanne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 100M FREESTYLE MEN 11+			Heat:1, starttime: 09:00
Heat: 1/27 Lane : 6 Athlete: BERVOETS FELIX			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:26.57 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:4, starttime: 09:05
Heat: 4/27 Lane : 8 Athlete: DECLERCK BRIEK			Q-time: 01:23:38
PB (50m pool): 01:20.09 Antwerpen 15/03/2026			PB (25m pool): 01:23.38 SB: 01:20.09 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.66	01:20.09	
	00:37.66	00:42.43	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 2 Athlete: DECLERCK WANNE			Q-time: 01:15:66
PB (50m pool): 01:24.77 Antwerp 02/02/2025			PB (25m pool): 01:15.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.18	01:24.77	
	00:41.18	00:43.59	
			

Coach feedback:

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Event number: 9: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:15
Heat: 10/27 Lane : 7 Athlete: REYNIERS MATTEO			Q-time: 01:09:20
PB (50m pool): 01:07.01 Wezenberg 01/02/2026			PB (25m pool): 01:06.51 SB: 01:07.01 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.30	01:07.01	
	00:32.30	00:34.71	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:13, starttime: 09:20
Heat: 13/27 Lane : 1 Athlete: VERBERCKMOES JASPER			Q-time: 01:06:22
PB (50m pool): 01:06.22 Wezenberg 03/01/2026			PB (25m pool): 01:03.48 SB: 01:06.22 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:31.57	01:06.22	
	00:31.57	00:34.65	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:19, starttime: 09:30
Heat: 19/27 Lane : 3 Athlete: MARINUS BAS			Q-time: 00:59:88
PB (50m pool): 01:00.00 SportinGenk Park 06/04/2026			PB (25m pool): 00:58.65 SB: 01:00.00 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:28.74	01:00.00	
	00:28.74	00:31.26	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 09:50
Heat: 2/26 Lane : 8 Athlete: GIEDTS MIRTHE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:13, starttime: 10:15
Heat: 13/26 Lane : 7 Athlete: VAN ASSCHE FIEN			Q-time: 01:36:67
PB (50m pool): 01:36.67 Antwerpen 13/07/2025			PB (25m pool): no time SB: 01:36.72 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:46.72	01:36.67	
	00:46.72	00:49.95	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:17, starttime: 10:20
Heat: 17/26 Lane : 9 Athlete: HOLSTERS MAURA			Q-time: 01:31:35
PB (50m pool): 01:31.35 Antwerpen 13/07/2025			PB (25m pool): 01:31.12 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.12	01:31.35	
	00:44.12	00:47.23	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 10:55
Heat: 1/24 Lane : 3 Athlete: BERVOETS FELIX			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:47.04 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 11:00
Heat: 3/24 Lane : 7 Athlete: DECLERCK BRIEK			Q-time: 01:39:18
PB (50m pool): 01:36.68 Antwerpen 15/03/2026			PB (25m pool): 01:39.18 SB: 01:36.68 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.30	01:36.68	
	00:47.30	00:49.38	
			

Coach feedback:

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Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:10
Heat: 7/24 Lane : 3 Athlete: REYNIERS MATTEO			Q-time: 01:24:88
PB (50m pool): 01:24.88 Antwerpen 13/07/2025			PB (25m pool): 01:26.84 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.25	01:24.88	
	00:42.25	00:42.63	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:14, starttime: 11:25
Heat: 14/24 Lane : 7 Athlete: VERBERCKMOES JASPER			Q-time: 01:15:47
PB (50m pool): 01:16.33 Antwerpen 15/03/2026			PB (25m pool): 01:11.90 SB: 01:16.33 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.01	01:16.33	
	00:37.01	00:39.32	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:16, starttime: 11:25
Heat: 16/24 Lane : 8 Athlete: MARINUS BAS			Q-time: 01:13:19
PB (50m pool): 01:13.79 Antwerpen 15/03/2026			PB (25m pool): 01:13.19 SB: 01:13.79 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.84	01:13.79	
	00:35.84	00:37.95	
			

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11+			Heat:16, starttime: 12:15
Heat: 16/22 Lane : 9 Athlete: VAN ASSCHE FIEN			Q-time: 01:19:01
PB (50m pool): 01:19.01 Antwerpen 13/07/2025			PB (25m pool): 01:15.37 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.37	01:19.01	
	00:36.37	00:42.64	
			

Coach feedback: